

Event Details



Host of the
2010 USA 50 Mile
Championships



Where: Tussey Mountain Ski Resort, Boalsburg, PA.

Start: National Championships & Open Ultramarathon 7 a.m., Relay start 8 a.m.

Course: USATF-certified single loop through central Pennsylvania's scenic Rothrock State Forest. Course details and map online!

Ultra: Men's and Women's (Open & Masters), and Military (Active Military and ROTC).

Relay: Teams of 2-8 compete with their size teams. Men's, Women's & Mixed (Open & Masters), and Military (Active, ROTC and JROTC).

Awards: Ultra Championships purse of \$4,000 (+CR bonuses), Finisher medals; Team plaques and individual medals. Special military categories. Men's and women's technical race shirts.

Fee: Ultra: \$100 if received by July 31, \$110 through Aug. 31, \$120 thereafter; \$30 discount if not using support vehicle.

Relay: Supra (2 runners) \$120, Tri (3) \$160, Quad (4) \$200, Standard (5-6) \$300, Mega (7-8 runners) \$360; Military Teams (8 runners) \$360.

Proceeds: Proceeds support Housing Transitions, Inc., assisting Centre County individuals and families facing a housing crisis.

Pre-Race Dinner, Post-Race Party, Discount Accommodations: Details online.

Volunteer! Have the most fun you've ever had volunteering! Send e-mail to: info@tusseymountainback.com.

Deadline: Ultramarathon registration closes October 2. Relay registration closes September 25.



Raising More Than Money
The Campaign for Centre House

To Register

Register online at our website via **Active.com**.

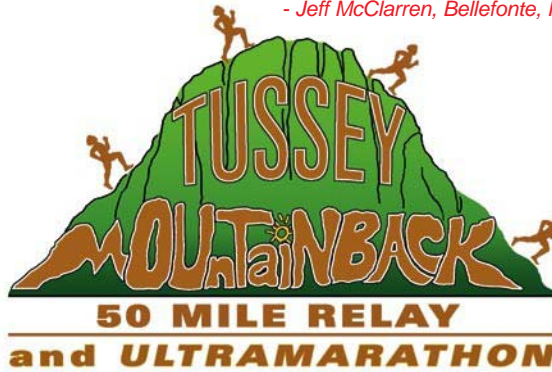
Registration is not considered official unless completed forms are received by the deadline. Ultra entry deadline Oct. 2, relay entry deadline Sept. 25. For mailed or hand-delivered entries, make check or money order payable to "MTB 50." Address: **MTB50, 103 E. Hamilton Ave., State College, PA 16801**.

Event communication with additional information will be e-mailed to each Ultrarunner and Relay Team Captain after Oct. 2. No refunds. Teams: There is a \$25 fee for runner substitutions or rotation order changes after Sept. 25. No changes after Oct. 10.

I loved the course, the organization, and all the enthusiastic volunteers! - Todd Braje, 2009 USATF 50 Mile National Champion, McKinleyville, CA

"...the most beautiful road ultra course I've run in the U.S.!" - Nikki Kimball, 2005 USATF 50 Mile National Champion, Bozeman, MT

I have NEVER had more fun at a race.!" - Jeff McClarren, Bellefonte, PA



tusseymountainback.com



Photos by Chuck Fong / fongstudio2.com

... **Be there!**

Be part of the Hottest Footrace...
...in the Coolest Place!

Tussey mOUntainBACK

50 Mile Relay & Ultramarathon

October 16, 2010

"Gorgeous scenery - I loved your race!"
- Larissa Abramiuk,
2009 USATF 50 Mile
National Champion



Single-Loop
Ultramarathon
Relay Teams of 2-8
Runners
50 Miles of Scenic
Forest Roads
One Amazing
Saturday!

Just for the hill of it!®

Host of the
2010 USA 50 Mile
Championships!



Event details and online registration at:

tusseymountainback.com

Tussey mOUntaiNBACK 50 Miler: Relay Entry Form

Complete event details and online entry at: www.tusseymountainback.com

(Please print clearly - incomplete applications will not be accepted)

RACE OFFICIAL USE	
Date Received	____/____/____
Rotation	<input type="checkbox"/> Fee <input type="checkbox"/> Forms Complete <input type="checkbox"/>
Masters IDs	<input type="checkbox"/>

**Host of the
2010 USA 50 Mile
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Registration requires a completed application form submitted with entry fee. *Must be received by September 25, 2010.*

All Runners Complete This Section

How did you find out about this event?: _____

Enter Team Name or Team Captain's Name: _____

Your Last Name _____ First Name _____ M.I. _____

Address: _____

Town, State, Zip Code: _____

Phone Number - Day:(____) _____, Evening: (____) _____

E-Mail: _____ Cell Phone: _____

Emergency Contact Name: _____ Phone: _____

Sex: M__ F__, DOB: ____/____/____, Shirt: Men's S M L XL 2XL, Women's S M L XL 2XL, No shirt
(MM/DD/YY) Technical Shirt Technical Shirt, Ladies' Fit (Junior sizing) (give savings to the race beneficiary)

I have read and understand the Race Rules and Regulations on the website _____
(INITIAL)

____ I'm also enclosing a donation in the amount of \$ _____ to the 2010 event beneficiary,

Housing Transitions, Inc.

____ I'm including payment for ____ pre-race dinners

(@\$18 each) (Friday, Oct. 15, 6:00-7:30 p.m.).

(Note: You may also pay at the door for the dinner, but you must RSVP by Monday, Oct. 11.)

EVENT MAILING ADDRESS
Tussey mOUntaiNBACK 50
103 E. Hamilton Ave.
State College, PA 16801
Phone: 814-238-5918

RELAY TEAMS ONLY	
<i>(Completed by Team Captain)</i>	
Relay Team Rotation Order	
Leg #:	Runner Name
Leg 1:	_____
Leg 2:	_____
Leg 3:	_____
Leg 4:	_____
Leg 5:	_____
Leg 6:	_____
Leg 7:	_____
Leg 8:	_____
Leg 9:	_____
Leg 10:	_____
Leg 11:	_____
Leg 12:	_____

For Replacement Runners

Replacement Runners Complete This Block: Replacement team members: If entry is to replace a previously registered team member, enter the Name of the Team Member Being Replaced: _____

TEAM CAPTAINS

Last Name _____ First _____ M.I. _____

Team Name: _____

Team Category (circle one): Team Division (circle one): Military* (circle one):
Supra (2)+ Tri/Quad (3-4) Open: Men's Women's Mixed* Active Military
Standard (5-6) Mega (7-8) Masters** : Men's Women's Mixed* ROTC JROTC
* All are 8-person teams; must include at least one female runner.

+Supras: Provide previous half marathon or marathon time(s):

Runner #1 Initials _____ Time _____ Race _____ Year _____
Runner #2 Initials _____ Time _____ Race _____ Year _____

* Mixed Quad and Standard teams must have at least 2 women, Mixed Mega teams at least 3 women; teams with fewer are categorized as Men's teams.

** Masters teams must enclose copy of valid driver license for each runner as proof of age.

Circle your team's overall estimated pace (min./per mile):

5:00 5:15 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:15 7:30 7:45 8:00 8:15 8:30 8:45 9:00 9:15 9:30 9:45
10:00 10:30 11:00 11:30 12:00

VOLUNTEERS!

____ I understand it takes scores of volunteers to make this event happen. I have contacted the following people who would like to volunteer on race day. Please contact them!

NAME PHONE E-MAIL

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

____ My team will provide ____ volunteers on race day. Please contact _____.

WAIVER OF LIABILITY (must be completed and signed)

In consideration of this entry being accepted, I (please print) _____, do hereby indemnify, hold harmless, assume liability for, the Tussey mOUntaiNBACK 50 Mile Relay and Ultramarathon, MTB50 Inc., its sponsors, volunteers and employees, the Commonwealth of Pennsylvania and the Tussey Mountain Ski Resort & Family Fun Center, its agents, servants, employees, officers and directors, from any and all costs and expenses including but not limited to, attorney's fees, reasonable investigative and discovery costs, court costs, and all other sums which the Tussey mOUntaiNBACK 50 Mile Relay and Ultramarathon, MTB50 Inc., its agents, servants, employees, officers and directors may or become obligated to pay on account of any, all and every demand for claim or assertion of liability, or any claim or action, founded thereon, arising or alleged to have arisen out of my participation in the Tussey mOUntaiNBACK 50 Mile Relay and Ultramarathon or my use of real or personal property belonging to the Commonwealth of Pennsylvania, its cities, towns, agents, servants, employees, officers, and directors, or by any action or omission by me.

Signature (required): _____ Date: _____

(If under 18, parent or guardian must sign): _____ Date: _____

Note: You may be required to sign an additional waiver at registration.